

emotional intelligence
diversity competence
sexuality + intimacy

KAREN B. K. CHAN

BSC MA



HOT TOPICS *for educational settings*

★ CONSENT CULTURE FOR REAL LIFE

Overcome social + emotional barriers to sexual consent
Build rejection resilience, decrease guilt in boundary-setting
Develop new sexual scripts that people will actually use

★ AMAZING RELATIONSHIPS

Adjust expectations, debunk myths
Approach communication, desire, pleasure, and consent positively
Get frank about hook-ups, jealousy, insecurity, and human anatomy

★ ANTI-OPPRESSION IN PLAIN LANGUAGE

Understand complex ideas through story, games, and metaphor
Move from fear and apathy to empowerment and allyship
Expand toolbox for “calling in” compassionate accountability

★ EMOTIONAL INTELLIGENCE FOR LEARNING + TEACHING

Build genuine rapport and increase influence with learners
Stay regulated for optimal listening, learning, and engagement
Lower stress + burn-out, increase ease + psychological safety

BIOGRAPHY

Karen B. K. Chan is an award-winning sex and emotional literacy educator in Toronto, Canada, with 25+ years of experience. BK (a.k.a. Karen) works with students, professionals, groups, and organizations across diverse disciplines. She holds an MA in Equity Studies & Sociology.

Trained in Creative Facilitation, Productive Thinking, Non-Violent Communication, and a decade of community arts performance, BK is known for her accessible style and playful humour. She integrates curriculum into stories, theory into practice.

Above all, BK is dedicated to having difficult conversations that are real, transformative, and kind.

"FRESH! HONEST!"

"A SENSITIVE AND NON-JUDGMENTAL APPROACH TO SOMETHING THAT CAN BE HIGHLY VOLATILE..."

"RIDICULOUSLY HELPFUL"



KEYNOTES

JAMES MADISON U Harrisonburg VA

CUMMING SCHOOL OF MEDICINE

U Calgary AB

MIDDLEBURY COLLEGE VT

NEW YORK STATE PHYS. ED. Brooklyn NY

MOUNT ALLISON U Sackville NB

DALHOUSIE U Halifax NS

NORMAN BETHUNE CI Scarborough ON

U TORONTO MISSISSAUGA ON

GROUP WORK

U TORONTO All campuses ON

OSGOODE HALL LAW SCHOOL Toronto ON

STANFORD U Stanford CA

PARSONS/THE NEW SCHOOL New York City NY

DEPARTMENT OF EDUCATION New York City NY

U CALGARY, MOUNT ROYAL U Calgary AB

ACADIA U Wolfville NS

CAMOSUN COLLEGE Victoria, BC

COAST MOUNTAIN COLLEGE Terrace, BC

U ALBERTA Edmonton, AB

WILFRID LAURIER U Waterloo ON

KING'S COLLEGE London ON

LAKEHEAD U Thunder Bay ON

QUEENS U Kingston, ON

GUELPH U SEXUALITY CONFERENCE ON

BANNOCKBURN SCHOOL Toronto ON

WESTSIDE MONTESSORI Toronto ON

ST. JOHN'S KILMARNOCK SCHOOL Guelph ON

INFO/BOOKINGS

FLUIDEXCHANGE.ORG